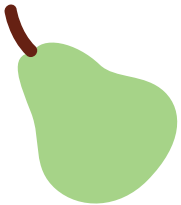


PLAY with your food!

Taste Test

Start by using this sheet as a shopping list. Do you know the names of each of the food items shown? Go to the grocery store and find each item. Then have an adult cut bite-sized pieces for you and taste each item! Do you like it? Why or why not?



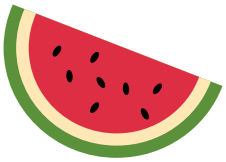
Name of food –

I liked it because



Name of food –

I liked it because



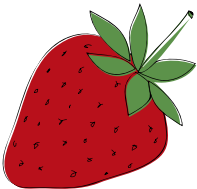
Name of food –

I liked it because



Name of food –

I liked it because



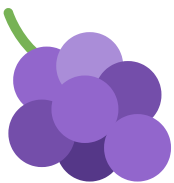
Name of food –

I liked it because



Name of food –

I liked it because



Name of food –

I liked it because



Name of food –

I liked it because